



**PHofNC**  
PO Box 97993  
Raleigh, NC 27624

*...partyizing with a purpose!.*

## Socially Successful July !!!



Once known as the “place that had failed so many times that we all lost count (might have been 6 or maybe 7), the Sawmill Tap Room, on Lead



troops in Iraq, and three boxes of food and toiletries were collected. (It’s not too late though. We will continue to collect for this worthwhile cause through



Mine Road, Raleigh, was the site of one of the most successful PHofNC Socials yet! In spite of a Tom Petty concert immediately following, there were about 40 members, plus a gaggle of ‘keets, in attendance.

The Club offered a 50/50, as well as a raffle of several gift baskets of Parrot Head paraphernalia, that proved profitable for several (new) members!

Several members also remembered that this quarter the Club is asking for donations for our



September.) Please read page 3 for more information about this project.

Our next Social will be held at **Carolina Ale House**, after the Big boss Brewery Tour in downtown Raleigh on August 9th—check the calendar on page 7 for more information.

([www.bigbossbrewing.com/brewery.php](http://www.bigbossbrewing.com/brewery.php)) and (<http://www.carolinaalehouse.com/locations.shtml>). We hope to see you there!





**17TH ANNUAL MEETING OF THE MINDS 2008  
 BAR STOOLS & BEACH CHAIRS  
 October 30 - November 2, 2008  
 Key West, Florida**

Register now for **Meeting of the Minds (MOTM)**, Parrot Heads In Paradise Inc.'s (PHiP) annual convention. To attend you must be a member in good standing of a Parrot Head Club...

Registration is open now and will close August 31 or at 3,500 registrations, whichever occurs first.

<http://www.phip.com/MOTM.asp>

**Why it's important to register:**

- \* See your favorite bands and hear your favorite music
- \* **Party with a Purpose**, knowing you've helped make a difference by helping the charities we support
- \* Get another cool lanyard and ID, tee-shirt, hat and other cool stuff—collectors' items of the future—in your goodie bag!

**We'll see you there!**

# PHofNC ID Badges



PHofNC recently issued photo IDs and club lanyards to each member who submitted a current head-shot photo, either digital or print.

We all have trouble remembering names once in a while, but when you're the new person, meeting everyone at an event can be overwhelming.

If you haven't already, or if you're a new member—and we have SEVERAL of those (we're up to 123 members and counting!)—send your photo to Art Markart, membership chair, [amisgm@aol.com](mailto:amisgm@aol.com).

(If you need a replacement, make your request, along with a signed affidavit stating "I will take care of my ID," via the same means.)

With more than 24-hours notice, you'll have it at the next get-together!



## 2008 Officers

**Deena Perillo**  
 President  
[Pres@phofnc.com](mailto:Pres@phofnc.com)

**Duane Teston**  
 Finance  
[Finance@phofnc.com](mailto:Finance@phofnc.com)

**Art Markart**  
 Membership  
[Membership@phofnc.com](mailto:Membership@phofnc.com)

**Ginny Markart**  
 Communications: Newsletter Editor  
[PHofNC@phofnc.com](mailto:PHofNC@phofnc.com)



# Q3 Charity Our Troops in Iraq



In Quarter 1, we collected for



In Quarter 2, it was the



Your generosity on behalf of PHofNC this year has lived up to the Parrot Head reputation and gave viable credibility to our efforts.

**In Quarter 3, we will be collecting items (listed to the right) to help make our troops in Iraq more comfortable and thank them for their sacrifices.**

Items can be brought to any planning or social meetings or any event where PHofNC gathers. Art and Ginny Markart are coordinating this effort.

### Top Items Requested

Beef Jerky, Slim Jims (No pork items)

Power Bars

Flavored drinks (Gatorade packages, Crystal Lite on the Go)

Mixed nuts, Dried Fruit

Canned soups, fruit (pull off top)

Tuna, Chicken, Sardines, Oysters with Crackers

Microwave dinners, rice bowls, top ramen

Baby Wipes

Toothbrushes, toothpaste, dental floss

Shampoo

Lip balms

Unscented lotion,

Foot powder

White socks

Maintenance gloves

DVDs and CD's (used ok)

**CARDS, LETTERS FROM HOME**



## Richmond, VA *Stars on the Water* August 22-24, 2008 <http://www.phcor.com>



### The musical line-up includes:

- A1A with special guest Scott Nickerson
- Jim Morris and the Big Bamboo Band
- The CalypsoNuts
- Latitude
- John Frinzi
- Scott Kirby
- David McKenney



*About 7 of us went in 2007, and, although at a new venue, there are about 18 PHofNC members attending in 2008! Why not join us, instead of wishing you did! (We're still laughing until we cry about LAST year's fun)*



# Recipes for Phun

## Let's Have a **MOJITO** Party!

3 fresh [mint](#) sprigs  
2 tsp [sugar](#)  
3 tbsp fresh [lime juice](#)  
1 1/2 oz [light rum](#)  
[club soda](#)

As a general guide, for every 15 mojitos you plan to serve, you should have:

1 750 mL bottle rum  
12 limes  
45 mint leaves (about one package from a grocery store)  
1 liter bottle club soda  
5 pounds ice

In a tall thin glass, crush part of the mint with a fork to coat the inside. Add the sugar and lime juice and stir thoroughly. Top with ice. Add rum and mix. Top off with \*chilled\* club soda (or seltzer). Add a lime slice and the remaining mint, and serve.

### Making Pitchers of Mojitos

You may want to make a mojito pitcher (or two or three) before the party starts. To make a 60 oz pitcher of mojitos: Muddle 4 limes, 15 drops of bitters, and about 20 mint leaves (depending on size) in the bottom of the pitcher. Fill the pitcher with ice. Add 10-12 ounces of rum (about 1 1/2 cups) and 2 cans guarapo. Top with 6-8 ounces of club soda. Stir vigorously to incorporate lime and mint.



## **Bombas de Camarones y Papas**—Shrimp and Potato Fritters

Prep Time: 30 minutes—Cook Time: 30 minutes

### Ingredients:

1 pound of warm mashed potatoes	1/4 teaspoon white pepper
4 tablespoons butter (cut into bits)	1 pound raw shrimp (peeled and de-veined)
2 tablespoons of butter (for sautéing)	1 cup onions (diced)
1 cup Munster Cheese (grated)	1/2 cup flour
1 egg yolk	1 egg (lightly beaten)
1/4 cup parsley (chopped)	1 cup fine bread crumbs
1 1/2 teaspoon salt	

### Preparation:

1. To the warm mashed potatoes add the 4 tablespoons of butter bits, cheese, egg yolk, parsley, salt and pepper. Mix the ingredients together until smooth. Cover and set aside.
2. Chop the raw shrimp into coarse bits. In a heavy skillet, melt the 2 tablespoons of remaining butter. Sauté the onion until it is translucent (about 5 minutes). Add the shrimp and sauté until the shrimp just turns pink (about 2 minutes). Do not overcook.
3. Add the shrimp and onions to the potato mix and stir together.
4. To form the fritters, lightly flour your hands. Scoop out 3 tablespoons of the shrimp and potato mix, and shape into a cylinder (bomba) 2 inches long by 3/4 inch round.
5. Gently roll the bomba in flour and shake off the excess flour.
6. Dip a pastry brush into the beaten egg. Gently brush the egg onto the bomba and then roll the cylinder in the bread crumbs.
7. Place the coated bomba on wax paper. When you are finished shaping all the bombas, place them in the refrigerator for about 30 minutes before frying.
8. Deep fry the bombas at 375 degrees for about 2 minutes and then turn them over and fry another 2 minutes. They should be golden brown on both sides. Only fry 4 or 5 at a time.
9. Serve the bombas at once with drinks, as appetizers, or as a snack.

**Serves:** Makes 14 fritters.





**Parrot Heads**  
of North Carolina

# PHofNC Merchandise for Sale

## PHofNC Club Shirts Order Form

All shirts are 50 cotton/50 polyester and available in sizes S, M, L, XL, XXL

Please note that the 6.75% sales tax is included in the price of the shirt.


Make checks payable to PHofNC and mail with your order to:

**PHofNC**  
P.O. Box 9993  
Raleigh, NC 27624

**Limited quantities available.**

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

	Price:	Size:	Quantity:	Total Due:
Men's Polo light blue w/ left chest logo	\$26.00			
Ladies Polo light blue w/left chest logo	\$24.00			
Ladies Tank Black w/centered logo & Parrot Heads of North Carolina will be screen printed in white on the back of the shirt as well as the embroidered logo on the front	\$23.50			
Ladies Spaghetti Black w/centered logo & Parrot Heads of North Carolina will be screen printed in white on the back of the shirt as well as the embroidered logo on the front	\$21.00			
Black Tee-Shirt Black with screen printed pocket PHofNC logo, and large PHofNC logo screen printed on center back	\$15.00 			
PHofNC Magnets Black oval with color logo	\$4 each; 2/\$7.50; 3/\$10	N/A		



## Special Days for Special People



### August Birthdays:

- 5 Josh Weaver
- 14 Todd Westmoreland
- 15 Eric Rames
- 15 David Hall
- 17 Paul Dixon
- 27 Terri Moore
- 31 Brian Friel



*If you would like to update your family's information—birthdays and anniversary—please e-mail it to me at [ginnymarkarft@aol.com](mailto:ginnymarkarft@aol.com).*

*Congratulations to **Laura-Leigh Rowlette** on being the 12th person to e-mail me with the page this message was on in the last issue.*



### Welcome New Members:

- Kathy George
- Cal Gilbert (Welcome back!)
- Erin LaVoie
- Harry & Kim Smith
- Robert & Margaret Tyson
- Cheri Veltman



*She won a new PHofNC t-shirt, valued at \$15.*



### Member Profile:

*Wondering what to do with your kids when they've tracked out but you still have to work?*

Club members Tonya Baskerville and Chris Morris own and operate a fun learning camp for kids right in our own backyard!



## ROCK IT LEARNING

a rockin' science and technology camp



### An Academic Track-Out Camp *With a Twist!*

Whether your family follows the year-round school calendar, traditional calendar or home schools, you probably wonder, "Where can my kids go when school is **NOT** in session?!"

**Rock It Learning is the answer.** - <http://www.rockitlearning.com/>

This innovative science-based, technology-driven curriculum is now premiering in Raleigh. You simply can't find these courses anywhere else, and trying to acquire the project materials on your own would be outrageously expensive. Rock It Learning makes it possible for students to continue learning outside the classroom while having a great time.

### There's no comparison! Rock It Learning...

- \* Serves students ages 9-14.
- \* Camps begin at 9am and end at 4pm each day.
- \* Low teacher to student ratio (1:6)
- \* Offers weekly sessions full-time, year-round.
- \* Creates a loving environment that's great for active kids.
- \* Uses cutting-edge technology and hands-on projects.
- \* Facilitates fun exploration with rocketry, bridge building, lasers and more.
- \* We offer HALF-DAY sessions - perfect for Homeschoolers!
- \* Our STORM CHASER team had a great week. We met with NBC17 meteorologist Bill Reh for some first hand information, and now we're ready for tornado season!
- \* We accept Visa and MasterCard in our office or by phone.



## Schedule of Events

# August 2008

- **Date**—August 9  
- Big Boss Brewery Tour—2 p.m.—1249 Wicker Drive, Raleigh, [www.bigbossbrewing.com/brewery.php](http://www.bigbossbrewing.com/brewery.php)
- Social Meeting—4 p.m. Carolina Ale House, 513 Creekside Dr, Raleigh, NC 27609, (919) 835-2222

- **Date**—August 22-24  
Stars on the Water, Richmond, VA (see page 3 for more details)

- **Date**—August 26  
Planning Meeting—7 p.m. Blinco's Sports Restaurant and Bar, 6711 Glenwood Avenue, Raleigh, (919) 790-3882

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9 
10	11	12	13	14	15	16
17	18	19	20	21	22 Stars	23 on the
24 Water	25		27	28	29	30
31						



# September 2008

- **Date**—September 13  
Summer in Parrotidise Party: Perillo's Pad (replaces Social Meeting) @ 1:ish p.m.
- **Date**—September 26-27  
Beach Sweep @ Carolina Beach, sponsored by PIPH ([www.piph.com](http://www.piph.com))
- **Date**—September 2  
Ovarian Awareness Walk ([www.ovarianawareness.org](http://www.ovarianawareness.org)) at Sanderson HS (5500 Dixon Drive, Raleigh)—9 a.m.—Contact Kiddy Hall ([kiddy\\_hall@yahoo.com](mailto:kiddy_hall@yahoo.com))
- **Date**—September 30  
Planning Meeting—7 p.m. Blinco's Sports Restaurant and Bar, 6711 Glenwood Avenue, Raleigh, (919) 790-3882

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13 
14	15	16	17	18	19	20
21	22	23	24	25	26 	27 
28	29					





### Car Rental Discount Code

The Paradise Charitable Foundation has a Worldwide Discount deal with AVIS Car Rental ...for all of you, all year round.

Call AVIS at (800) 331-1600 and mention AVIS Worldwide Discount (AWD) #

**K199476**, or simply click on the link at [www.paradisefoundation.org](http://www.paradisefoundation.org).



### Island Times

*We'd love to have you contribute to YOUR newsletter. If you would like to submit an article, anecdote, or other PH tidbit, just e-mail it to*

[phofnc@phofnc.com](mailto:phofnc@phofnc.com).



[www.RockItLearning.com](http://www.RockItLearning.com)

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# This could be your ad!

Do you own a business or practice a trade that the rest of our members could benefit from? This could be your ad in our newsletter; \$25 for six insertions.

## Miller Lite Bottle Caps Equal Cash for MDA This Summer

Miller Brewing Company will donate 10 cents to the Muscular Dystrophy Association (MDA) for every Miller Lite bottle cap collected now through Sept. 1, 2008, as part of the brand's "Better. Bolder. Summer" promotion. Miller Lite is the official beer sponsor of this summer's Harley-Davidson 105th anniversary celebration.

Legal-drinking-age consumers can donate their Miller Lite bottle caps in several ways, including at collection points located in participating retailers across the country; just look for the "Miller Lite Bottle Caps for MDA" boxes beginning in early June. Ultimately, these bottle caps will be shipped to Milwaukee for the aforementioned August 28-31 anniversary celebration. Miller will make a donation up to \$100,000 to MDA based on the number of Miller Lite caps collected.



Miller Lite bottle caps will be sent to Milwaukee to be counted and deposited into the giant Miller Lite bottle.

Both Miller and Harley-Davidson are MDA national sponsors. In addition, Miller has announced several other MDA summer promotions: For every 18-pack of Miller Lite bottles or cans sold at 7-Eleven

stores across the country, Miller will donate 25 cents, up to an additional \$100,000. At participating retailers, restaurants and bars across the country, consumers can join the fight against muscular dystrophy by purchasing a motorcycle mobile for \$1, with all proceeds going directly to MDA.

Consumers also can contribute to MDA via Miller's [BetterBolderSummer.com](http://BetterBolderSummer.com) web site.

To donate Miller Lite bottle caps at participating retailers across the country, look for "Miller Lite Bottle Caps for MDA" boxes beginning in early June..

Consumers also can mail bottle caps to:

**Miller Brewing Company**  
**Attention "Miller Lite Bottle Caps for MDA"**  
**3939 W. Highland Blvd.**  
**P.O. Box 48**  
**Milwaukee, WI 53201-0482**

