



..partying with a purpose!

PHofNC
 PO Box 97993
 Raleigh, NC 27624

Holiday Party at O'Malley's Tavern Lots of Phun!!!

Not exactly Buffett music, though the band did attempt a few standards, *Blown Away Music* played from 8 until the last man was standing at the PHofNC Holiday Party on December 8.

O'Malley's Tavern in Raleigh hosted over 40 members who danced, took chances (on the many donated raffle prizes that helped raise \$579 for The Make-A-Wish Foundation), and feasted on delicious appetite pleasers.



Marines stood guard over the donated toys that went to local area children who might not otherwise get a visit from Santa!

Over sixty new, unwrapped toys were

also collected and turned over to the Marines for the Toys for Tots Drive. And, judging by the generosity of our typical Parrot Heads, it looks like the children of Raleigh had a good Christmas!



Donated raffle prizes helped raise funds for Make a Wish Foundation.

If you were there, go to www.phofnc.com to view photos from that night, and thank Alan Jones for the great job he did in coordinating the party! If you weren't able to attend, go there and see what you

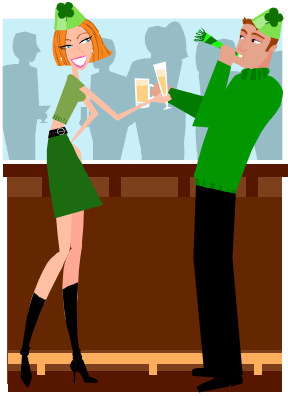
We Couldn't Have Done It ...Without You

The Parrot Heads of North Carolina extend a special **thank you** to Donald and Betsy Bryan for their time and hard work over the past four years. Serving as president and communications chair, they were instrumental in the continued growth and development of the club. Much behind the scene effort went into all the planning and organizing of PHofNC events and gatherings. Although they are stepping down, we expect to see them around, having phun at our get-togethers and special events...once a Parrot Head,



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A Bit 'O the Blarney for Ye

Hey everyone, I'm Doc and I've been tasked to compose a literary masterpiece for the newsletter. So in the spirit of other great Irish writers as Francis Bacon, James Joyce and the guy from Limerick who wrote about the man from Nantucket, here goes...

It's the time of year again for a young man's fancy to turn to drink. Yes it's St. Patrick's Day, the day when everybody's Irish. The Irish are a proud people with a glorious heritage and a world-renowned reputation for fighting and drinking (usually at the same time). In Erie (that's Irish for Ireland and the name of a nasty lake in New York) St Patrick's Day is a solemn day devoted to prayers to the patron saint who was believed to say "Get these motherf*ckin' snakes out of motherf*ckin' Ireland!"

Now I can joke about this stuff, I've got good Gaelic blood in me, along with German and Jew. I like Guinness and Manischewitz, as long as it's wholesale. At our family St Patrick's Day gatherings we'd light a candle, say a prayer and eat corned beef with matzo balls.

But one of my fondest memories was when a couple friends and myself were 19, we started March 17th off with an authentic Irish breakfast (which is potatoes, eggs, sausage,

bread, tomatoes and oatmeal all boiled) at an authentic Irish pub. It began with a pint glass of Guinness and ended up at the same pub, nine hours later and we were slurping Jameson's Irish whiskey off the bar after we spilled it. In between I don't recall, but I was led to believe I had a good time.

This is my favorite Irish joke...

At the pub Patrick O'Malley hoisted his beer and said: "Here's to spending the rest of me life between the legs of me wife!" And he took home the top prize for the best toast of the night.

In bed later that night, he told his wife: "Mary, I won the prize for the best toast of the night." She said, "Aye, Paddy, what was your toast?" So he told her: "Here's to spending the rest of me life sitting in church beside me wife." "Oh," she said, "that is very nice, dear."

The next day, Mary ran into one of Paddy's drinking partners in the street. The man winks and he says "Did you hear about your husband winning a prize in the pub the other night for a toast about you, Mary?"

She replied: "Aye and I was a bit surprised. Till now, he's only been down there twice.

"If life gives you limes, make margaritas."

An Irishman's (and the Parrot Head) Philosophy

In life, there are only two things to worry about...

Either you are well or you are sick.
If you are well, there is nothing to worry about.

But if you are sick, there are only two things to worry about...

Either you will get well or you will die.
If you get well, there is nothing to worry about.

But if you die, there are only two things to worry about...

Either you will go to heaven or hell.
If you go to heaven, there is nothing to worry about.

And if you go to hell, you'll be so busy shak-



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Buffett Entertains The Troops



Recording artists Jimmy Buffett and Mac McAnally, a member of the "Coral Reefer Band,"

perform a USO concert for the Sailors of the Nimitz-class aircraft carrier USS Harry S. Truman (CVN 75) during a recent port visit in the Middle East. Truman an embarked Carrier Air Wing (CVW) 3 are underway on a scheduled

deployment supporting Operations Iraqi Freedom, Enduring Freedom and maritime security operations.

He also treated more than 4,000 U.S. sailors on board the USS Harry S. Truman to a rare concert on Monday evening January 28th. The aircraft carrier is currently anchored in the United Arab Emir-



And This Just In...

First Concert in 2008 Schedule

Jimmy Buffett & The Coral Reefer Band will be performing live on May 3, 2008 at the New Orleans Jazz and Heritage Festival.

The return of the New Orleans Jazz Fest to its first full seven days of programming (April 25 - 27 & May 1 - 4) since 2005 has inspired Festival organizers to assemble the deepest overall mix of rhythm & blues, rock, jazz, country, blues, gospel, world beat, and more in the 39-year history of the event. Go to www.nojazzfest.com for more information.

I Hear Music

Veteran Coral Reefer and Grammy-award winning producer, songwriter and percussionist Ralph MacDonald has released his latest album, "Mixty Motions."



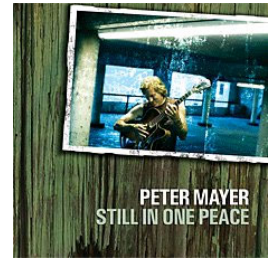
Featuring a danceable mix of Caribbean-infused smooth jazz tunes, the 12-song collection includes notable guest musicians like Ashford & Simpson, Will Lee, Etienne Charles,

Dave Mann, Roger George, and fellow Coral Reefer Robert Greenidge. The record also includes an update of "Don't Stop the Carnival," a song MacDonald wrote in 1966 for Harry Belafonte.

For more information on "Mixty Motions," including audio samples and an online store, please visit <http://www.RalphMacDonald.com>.

From Little Flock Records...

Little Flock Records is happy to announce that they have been given the proverbial 'green light' from the Jimmy Buffett camp to get out and do some touring of our own in early to mid March 2008. The tour will be used to share some of Peter Mayer's latest musical thoughts and accomplishments as it promotes the release of the CD "Still In One Peace", the latest 'songs of faith' project. Peter will be joined by Scott Bryan, Marc Torlina, and violinist Maggie Estes.



Buffett Concert in Hong Kong

JB gave a concert in Hong Kong on January 18 to help support the efforts of the FCC Charity Fund, which raises money to educate the children from a Hong Kong orphanage.

Jimmy generously agreed to donate his time and was extremely involved in the event. Held in the Hong Kong Football Club, the concert sold out within weeks of tickets going on sale and without any publicity! The show raised \$420,000 for the charity and Jimmy didn't take one cent away from it. He even flew the Coral Reefers over for free and supplied the alcohol.

"Indecision may or may not be my problem."

Recipe for a PHUN Time

Lucy Anne Buffett, restaurateur and sister of Jimmy, has released a cookbook with over 150 recipes that is actually more like a collection of short stories filled with recipes. Inside you'll find laugh-out-loud anecdotes, wit and wisdom from Lucy's own kitchen, festive party menus, Buffett family favorites, and plenty of telling it like it is. The forward is by JB.



"This is not your basic "how to" cookbook. I like to think of it more as a visit to my kitchen. You're sitting at the counter as I vigorously chop vegetables and loudly tell stories with a sometimes annoying drawl. We're drinking some iced tea or something stronger, in which case, I tend to get louder and my drawl gets crazy lazy..." - Lucy Buffett

The cookbook - *Crazy Sista Cooking: Cuisine*



L. A. (LOWER ALABAMA) CAVIAR—Lucy Buffett

This is one of my favorite LuLu's dishes and I make it at home all the time. During one memorable chapter of my life, I ran with a group of highly disreputable folks who lived in lavish historic homes on Washington Square in Mobile, Alabama. We had weekly soirees complete with costumed cabaret numbers around a white baby grand and copious amounts of cocktails and hors d'oeuvres. Right before I opened LuLu's, we had a reunion celebrating my friend Suzanne Cleveland's 60th birthday. One of our "partners in crime", John Coleman, arrived with a great black-eyed pea dip. John is a barbecue aficionado, red-neck lawyer and rogue gourmand; so, it gave me great pleasure to steal his recipe! I had just returned from living in Los Angeles so I gave it a little LuLu's twist and the L.A. reference: a perfect fit for my high-class dive. It has been on the menu at LuLu's since day one and is one of the restaurant's signature dishes. Today, we make it in twenty gallon batches.

Dressing:

- ¾ cup balsamic vinegar
- ½ cup extra virgin olive oil
- ¼ cup sugar
- 2 teaspoons salt
- 1 teaspoon black pepper
- 4 (15-ounce) cans black-eyed peas, rinsed and drained
- 1 cup chopped green bell pepper
- 1 cup chopped yellow bell pepper
- 1 cup chopped red pepper
- 1 cup chopped red onion
- 1 ½ cups cherry tomatoes, quartered
- 1 cup chopped fresh parsley

DIRECTIONS

1. Combine all dressing ingredients in a jar; cover tightly and shake vigorously to dissolve sugar. Set aside.
2. Rinse and drain peas well. Place in a large glass or aluminum bowl.
3. Add remaining ingredients and dressing. Toss well. Transfer to plastic container, cover and refrigerate for at least two hours before serving.
4. Serve with tortilla chips or saltine crackers.

"Yesterday is
over my
shoulder"

BAMA BREEZE—Lucy Buffett

My brother Jimmy's recording of "The Bama Breeze" was his homage to coastal dives, particularly the famous Flora-Bama on the beach at the Alabama – Florida State line. He sent me a little love both when he changed the lyrics to call the bar owner "LuLu" and when he asked me if I wanted to play the bar owner in the video. I mused for just a second, thinking...hmmm... a woman who owns a bar, drinking a beer, jumps up on the stage and sings with the band. It wasn't much of a stretch! I had crazy fun shooting the video but I'm glad I have my day job! Now I enjoy this drink at my own "Bama Breeze" bar on

- the beach at LuLu's.
- 2 ounces Absolut® Citron vodka
- 1 ounce Coconut rum
- Juice of ½ fresh lime
- ½ ounce simple syrup
- 2-3 ounces cranberry juice

1. Fill tall glass with crushed ice
2. Add vodka and rum
3. Squeeze lime juice into glass
4. Fill with cranberry juice
5. Add simple syrup to desired sweetness
6. Stir





PHofNC will be marching in the Raleigh St. Patrick's Day Parade on Saturday, March 15.

Parrot Head attire is strongly encouraged!!!



Assembly Area

The parade **assembly will begin at 10:00 am** at the parking lot at the corner of Wilmington and Lenoir Streets adjacent to the Raleigh Convention Center. The parade begins at 12 noon.

Parking Information

Parking of non-parade vehicles is not permitted in the Assembly Area. The only vehicles that are permitted to park in the Assembly Area are those vehicles traveling on the parade route. Parade participants should either park on city streets or in downtown parking garages. There is no fee on the weekends to park in these parking garages.

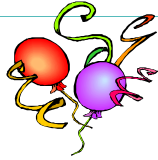
“Is it ignorance or apathy? Hey, I don't know and I don't care.”

Buffett Trivia and Other Tidbits That No One Really Cares About

- In addition to naming one of his albums *Tuesdays, Thursdays and Saturdays* and creating the classic "Come Monday," Jimmy has performed at least 15 songs with some version of "day" in the title.
Can you name 10? Extra credit: a serving of gumbo for all 15!
- Name six songs that have a fruit in the lyrics only. (You cannot use any song that has the fruit in the title.)
- Name four (4) songs that make a reference to our favorite Creole concoction, GUMBO.
- Who's on first? There have been only six authors to hold the number one spot on both the New York Time's fiction and non-fiction best sellers lists. Who are these six writers? Extra credit if you have actually read any of these authors works.
- Who first drove Jimmy to Key West to "street perform"?
- What film did Buffett write the soundtrack, co-produce and act in?
- The "Save the Manatee Club" was founded by Buffet and former Florida governor Bob Graham in what year?
- What High School calls JB an alumnus?

Answers will appear in the next issue of *Island Times*.





Special Days for Special People



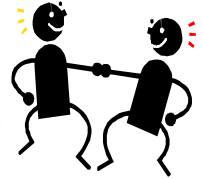
March Birthdays:

- 1 'keet Garrett Branam
- 5 'keet Jmay Wesver
- 7 'keet Ali Kate Hujar
- 7 'keet Tyler Plueddemann
- 8 'keet Elizabeth Bryan
- 8 Joe Edwards
- 10 Scott Plueddemann
- 11 Sylvia Hink
- 15 Val Davis
- 16 'keet Ryan Humphrey
- 18 Brian Perkinson
- 18 Steve Roulette
- 22 Jim Burk
- 23 'keet Kathryn Jeffreys
- 30 Cathy Perkinson
- 31 Donna Benson
- 31 Heather Branam

March Anniversary:

- 21 Steve and Laura Leigh Rowlette

Welcome New Members



Be sure to introduce yourself to our newest members at the next PHofNC phlocking!

- **Denise Barnes**—Raleigh
- **Donna Benson**—Holly Springs
- **Mike George**—Cary
- **Eric and Deanna Ramse**—Raleigh
- **Lisa and Michael Reynolds**, with 'keets Paige (11), Brandon (12) and Kimberly (9) - Raleigh
- **Peggy Thompson**—Raleigh
- **Barbara West**—Cary

“Wrinkles will only go where the smiles have been.”



IF YOU WOULD LIKE TO SUMIT AN ARTICLE, ANECDOTE, PHOTOS OF A PHOFNC EVENT, RECIPE OR RUMOR FOR INCLUSION IN A FUTURE ISSUE OF *ISLAND TIMES*, PLEASE E-MAIL IT TO PHOFNC@PHOFNC.COM OR SNAIL MAIL IT TO GINNY MARKART, EDITOR OF ISLAND TIMES, 705 HIGHWATER PLACE, FUQUAY-VARINA, NC 27526.

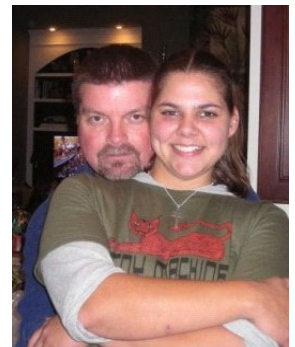
Duane and Angie Humming Unusual Tune

While the PHofNC Phlock can be heard singing along to the songs of Jimmy Buffett and other Island sounds, Duane Teston and Angie Perillo are humming a duet to the tune of “dum-dum-de-dum...”

The happy couple is newly engaged and planning an intimate family wedding this Memorial Day, May 26, 2008!

No word on honeymoon plans yet, but they're probably checking the dates of Buffett's concert schedule first.

We all wish Angie and Duane many years of happiness, love and shared Parrot Head memories in their future.




The soon-to-be Mr. & Mrs. Teston, a.k.a. Duane and Angie.

Schedule of Events

We're on the Web
www.PHofNC.com

March 2008

- **Date**—March 8
Social Meeting
4:00 p.m.
Sedona New Western Grille
and Margarita Bar, 6204
Glenwood Ave., Raleigh
- **Date**—March 15
St. Patrick's Day Parade
details on Page 5.
- **Date**—March 25
Planning Meeting
7:00 p.m.
Manchester's, 9101 Leesville
Rd, Raleigh

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8 
9	10	11	12	13	14	15 
16	17 	18	19	20	21	22
23	24	25	26 	27	28	29
30	31					



Schedule of Events

April 2008

- **Date**— April 12
Social Meeting
4:00 p.m.,
O'Malley's Tavern (5228
Holly Ridge Dr, Raleigh
- **Date** April 26
World Beer Festival
Raleigh
12-4; 6-10
details to follow in April
newsletter
- **Date**— April 29
Planning Meeting
7:00 p.m.
TBA

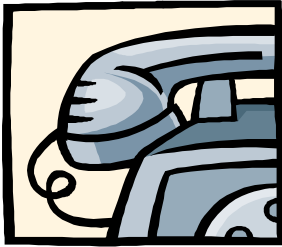
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12 
13	14	15	16	17	18	19
20	21	22	23	24	25	26 
27	28	29	30 			





Do you own a business or practice a trade that the rest of our members could benefit from? This could be your ad in our newsletter, \$25 for six insertions, to help get the word out.

Margaritaville Locations:



This could be your business card!

Coming Soon:



Merchandise for Sale

Tee Shirts
sizes—S—M— L—XL—XXL (please circle) quantity: 00:00 each

Baseball caps—one size fits most quantity: 00:00 each

Cozies

Paper stickers

Towels

Please enclose check and due plus \$5.

Name _____

Address _____

Phone _____

Membership and Merchandise
705 Highwater Place
Fuquay-Varina, NC 27526
home: 919-762-8710
Email: membership@phofnc.com

COMING
SOON!

Items are available at PHofNC Social Hours or by mail.

Second Chance Pet Adoption Needs Our Help

No, we're not asking you to adopt a pet, though if you can, there is a really cute puppy or kitten waiting there for you! During January, February, and March, PHofNC is collecting much needed items for



a non-profit 501 (c)(3) animal rescue organization that has served homeless cats and dogs of Wake County, North Carolina since 1989.

SCPA relies on individual and corporate donations and gifts and does not receive any city, state, federal or municipal funds. All donations go toward helping the animals.

For a complete wish list of needed items, go to www.secondchance.org, then click on donations, then on Our Wish List.

Thanks to those who already brought items to the February Social meeting. For those of you who still want to help, we'll be collecting again at the March Social on the 8th.